



DONEGAL ADVENTURE CENTRE & SURF SCHOOL ADVENTURE IRELAND SURF CAMP INFORMATION & APPLICATION PACK 2015

FOR STUDENTS RESIDENT IN IRELAND.

SUMMER CAMPS 2015 JULY & AUGUST



SUMMER SESSION 01 (4 weeks) From **SUNDAY** June 28th July 26th

CAMP B: SURF & ACTIVITY CAMP

3 hours Surf Class & Activity Camp + full activities evening + night entertainments.
Includes Day Tours with International Students.

4 weeks Sunday June 28 th – July 26 th	1500 euro
Three week Camp (between June 28 th – July 26 th)	1300 euro
Two week Camp (between June 28 th – July 26 th)	950 euro
One week Camp (between June 28 th – July 26 th)	500 euro

CAMP E: INTENSIVE SURF CAMP

Surf Sessions, skills, training + full activities evening + night entertainments

3 Weeks Sunday August 2 nd – August 23 rd	1050 euro
2 WEEKS (August 2 nd –August 23 rd)	750 euro
1 WEEK (August 2 nd –August 23 rd)	420 euro



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What the fees include:

Accommodation, all bed linen and room comfort. Breakfast, lunch & evening 3-course meal. Full tuition and coaching in surfing. All necessary equipment including wetsuit, surfboard, bodyboard, surf coaching & lifeguarding. Activities also include climbing & abseiling, archery, high ropes, low ropes, skateboarding & many more fun pursuits after surf coaching. Evening activities include cinema, bowling, centre games & performance, nightline and more. All activities and pursuits are fully supervised. Night activities are fully supervised, and a night-duty instructor will be available from midnight-breakfast time. Programmes B and D are run in conjunction with Surf Programmes for International Students, and include 1 all-day tour per week, and 1 half-day tour. Programmes B & D are recommended for teenagers who enjoy meeting other teens from Europe and the USA. Programme E is a great-value option for the surf-mad before returning to school/college. If students are travelling to Bundoran or Ballyshannon by bus, we will collect them and bring them to the centre. Collections MUST be pre-booked and DAC advised of correct arrival and departure times.

Not Included in the Fees:

Laundry.

A laundry service is provided once a week. Students must bring two laundry net bags- one for white clothes and one for coloured clothes. There is a small charge for laundry, and this will depend on the amount of clothes laundered. All items of laundry must be labelled with the student's name. Adventure Ireland will not take responsibility for any laundry that is not labelled with name.

Is it value for money?

Programmes at Donegal Adventure Centre provide a superb level of care, attention, tuition and friendliness to all our visitors. We are consistently praised for our professional but fun atmosphere for teens. Our supervision is firm and clear, and allows teens to enjoy themselves without the threat of bullying, insecurity, peer pressure and other factors which can interfere with the confusing teenage years! Surfing is a cool and fun activity, it's healthy, fulfilling and engaging, and teens of all shapes, sizes and levels of fitness can enjoy it. Our instructors are experienced, highly trained, and commended for their skills in working with teenagers. The centre has won the Bord Failte 'Welcome Ireland' award twice since 2006, and we have hundreds of parents, teachers, students and teens who continue to return to us time after time.

It is impossible to describe the level of attention and service we give to every kid who comes over to us. You'll have to talk to other parents...and we are happy to provide contacts to other parents: but in 14 years we have had nothing but positive feedback on our unique programme. We promise to provide the most amazing holiday. If your child needs anything- a little TLC, a little encouragement, to meet new friends, to see new things...they get it with us. We will be in constant contact with you. We do a website diary every day so you know what's happening. (Read our blog Diary on www.facebook.com/dacsurf or www.isaireland.wordpress.com It is difficult for any parent not to worry about a teenager on holidays: we assure you that this holiday will be a healthy and rewarding experience, and you may not get a thank-you now....but you'll get one eventually ☺ oh and by the way....anyone can surf, at any age, check out our adult surf weekends and try it yourself!

WHAT TO PACK:

Your child/teen will not need bed linen. We provide all this.

They will not need wetsuits or surf equipment, but are welcome to bring any surf equipment of their own.

They will need at least one Swimsuit, Towels, an old pair of runners that can get wet. All surf equipment is provided however for surf campers staying for 2 or more weeks may wish to bring their own rash vest, booties and gloves. These are available from all good sports shops or we will be happy to help you source them. Lots of warm old clothes, comfortable runners, toiletries, a good waterproof jacket,

Winter: gloves, hat scarf summer : sunblock,

PHONES, IPODS etc...

All items are brought at **child's own risk**: please make sure clothes are labelled, and we advise you not to bring expensive items such as football jerseys, label jackets etc. old, warm clothes are fine! We take no responsibility for loss or theft- the centre is very busy, with a lot of activity in changing rooms. **DO NOT BRING VALUABLE ITEMS!**

Cameras, mobile phones, ipods etc- all highly attractive items for theft! If brought, they are absolutely the responsibility of the student.



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SAFETY & SUPERVISION

As parents, you will have concerns about the level of supervision. We first recommend that you do contact parents who have through the booking process, have sent their kids and can tell you all about what we do. We say this with full confidence, because, to date, we have never had a complaint from any parent about our care of the young visitors in our care. These references are available by email

General policy;

Please note; the safety and well being of all our kids is our priority.

The rules below reflect our absolute insistence on a drink/drug free environment, a respectful relationship between staff and participants and a spirit of tolerance and friendship in the group. We will not make exceptions, 2nd chances, -the rules are few, but very very clear!

THE PROGRAM:

Our students are supervised all the time. We do use our discretion with older students (ages 16-18) regarding short trips to the shops etc.

SMOKING CIGARETTES

DAC Surf Camp is a non-smoking program. **WE DO NOT ALLOW STUDENTS TO SMOKE AT ANY TIME.** If we find our students smoking, we reserve the right to confiscate cigarettes. Smoking in this building is against Irish Law (and obviously a serious hazard) and we will fully exercise all options if we find students smoking in any part of the building. We will always inform parents of any incident.

Alcohol

Our program is absolutely alcohol free. Students are not allowed to purchase alcohol, enter licensed premises or off-license*, be present with persons who have alcohol, drink alcohol etc. The legal drinking age is 18 years, and students who are underage and have; bring; witness or purchase alcohol/ illegal drugs will be sent home immediately without refund at their own expense. Any student who is aware of others drinking or using drugs must report immediately to the manager or they will be considered an accomplice and sent home. There will be no exceptions made. We will not refund fees or be responsible for any expense of transfer or travel arrangements. **We will just expel the offender from the programme** and send them home immediately. Students who are expelled from the program will no longer be, in any way, the responsibility of this program. We will always inform parents of any incident.

This has been our policy from day 1 and it has proved the best way of ensuring a safe and happy environment for all. **Please ensure that your student / child is fully aware of this policy and the implications thereof.**

Drugs/Substance abuse

The above rules apply to the taking of illegal substances, or drug abuse. DAC will expel students immediately from the program if there is a situation with the above. We will always inform parents of any incident. Students who are expelled from the program will no longer be, in any way, the responsibility of this program. Schools will be informed of any major offences.

General behaviour

Body piercing and tattoos while on this programme will not be permitted. We ask parents NOT to give permission for these, and students will be clearly informed that this is not allowed. T-shirts with offensive or provocative slogans not allowed.

Antisocial behaviour as decided by DAC staff will not be tolerated. This includes bad language, bullying or teasing, disrespect to others, lack of co-operation etc. generally speaking, we are well used to handling groups of teens, and these situations don't arise, and our experience of Adventure Ireland students has generally been very enthusiastic and co operative. A little flexibility allows students to have fun, but they will all be aware of limits, beyond which there will be consequences.

The staff at DAC will deal with minor incidents as we see fit. Parents will be consulted if necessary. As we are 'in loco parentis' we ask for your full co-operation and support.

All activities scheduled by the program are fully supervised by qualified outdoor-pursuits staff. There is always night supervision and Adventure Ireland staff will always be on hand 24 hours.

ILLNESS AND ACCIDENTS

We will take care of any ill child as we would one of our own. Medical assistance is immediately available. Colds and flu's etc will be treated with standard medication. Sprains, bruises etc. likewise.

Parents will be notified immediately if more significant treatment is required. You will have informed us of all illnesses, allergies, etc and a full file is kept on each student for immediate reference. See Emergency Consent Form

FAMILY SITUATIONS

We understand that sometimes there are current 'family' situations such as bereavement, divorce, serious illness etc in the background. If there is a potentially upsetting or difficult background, please make the Director of the program aware of the basic details. All matters will be dealt with absolutely confidentially and staff informed on a need-to-know basis. We assume parents will communicate details with each other and we use one parental address for emails etc. If this is NOT the case, please explain that to the program director.

We do not discriminate against children with learning disorders, medical conditions or special needs, but we must have all relevant information in advance so that we know exactly what we are dealing with.

OUTSIDE VISITORS

It is not uncommon to have relatives or friends visit during the programme. However, DAC staff will not allow students to leave the campus with anyone unless the visit has been notified to the Director of the Programme in writing, and clear instructions have been discussed. This is to ensure safety and care at all times.

THE FINAL SAY:

Years of experience have moulded our list of do's and don'ts. We don't let (even experienced) teen surfers go out on dangerous waves or surf in bad weather. We don't allow people get buses to visit nearby relatives. Please respect our knowledge and experience and support us in our decisions. Please discuss any alternative ideas with us before suggesting it to the students. We are always happy to discuss any matter with parents but we respectfully ask you to allow us to make the call.



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CHECKLIST FOR APPLICATION –ADMINISTRATION

- FORMS 1-5
- A DEPOSIT CHECK or CREDIT CARD DETAILS,
- TRAVEL ARRANGEMENTS
- TWO RECENT PASSPORT-SIZE PHOTOGRAPHS.

Form 1: INFORMATION

Please print letters clearly.

FIRST NAME OF STUDENT:
LAST NAME OF STUDENT:
DATE OF BIRTH:
AGE OF STUDENT:
GENDER OF STUDENT:
NATIONALITY:
HOME ADDRESS:
HOME TELEPHONE NUMBER:
NAME OF PARENT 1 /GUARDIAN 1 ARRANGING DETAILS:
PARENT1 /GUARDIAN 1 CELL / MOBILE (INCLUDE COUNTRY CODE)
PARENT1 /GUARDIAN 1 ADDRESS
PARENT1/GUARDIAN 1 EMAIL:
NAME OF PARENT 2/GUARDIAN 2 ARRANGING DETAILS: (PLEASE GIVE A SECOND CONTACT NAME)
NAME OF PARENT 2/GUARDIAN 2 CELL / MOBILE (INCLUDE COUNTRY CODE)
NAME OF PARENT 2/GUARDIAN 2 ADDRESS
NAME OF PARENT 2/GUARDIAN 2 EMAIL:
STUDENT EMAIL:
STUDENT CELL / MOBILE (INCLUDE COUNTRY CODE)



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Form 2 CAMP SELECTION FORM.

WHAT CAMP ARE YOU BOOKING?
PLEASE INDICATE WITH AN X BESIDE THE CORRECT PROGRAMME.
Check in is from 6pm on first day. Check out / collection after breakfast on final day.

SUMMER CAMPS 2015

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One week Camp (between June 28 th July 26 th)	500 euro

CAMP E: INTENSIVE SURF CAMP

Surf Morning & Afternoon – full activities evening + night entertainments

3 WEEKS August 2 nd – 23 rd	1050 euro
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Form 3 STATEMENT OF DUE WARNING AND ASSUMPTION OF RISK FORM

I, _____ (Parent name) voluntarily enrol _____ (Student Name) to participate in
ADVENTURE IRELAND,

Program dates: _____

I have been advised and am aware of the inherent and / or latent danger (including but not limited to: risk of serious injury, the hazards of travel, accident or illness, or acts of God) of participating in such an activity. I am aware and have been advised to have a medical examination prior to participating in this activity to insure that I am in good physical health. I am aware that this program outdoor activities and there is a risk of accident or injury. Further, I am aware and have been advised that I must be properly covered by adequate accident and medical insurance.

I understand that this is a group program, and that group standards must be observed. I agree that ADVENTURE IRELAND and the Director, Niamh Hamill shall have the right to terminate my child's enrolment for failure to maintain these standards, for actions or conduct which the Program and /or course director considers to be detrimental to or incompatible with the interest, harmony, comfort or welfare of the course and group as a whole. I understand that if my child is asked to leave the program, I must bear responsibility for all costs including immediate return to Europe. I understand that the Program and/ or course director reserves the right to change assignments and to make alterations in itineraries at any time without prior notice.

I have and do hereby note, understand, and assume all risks, which may arise from or in connection with this activity. The terms hereof shall serve as a release and assumption of risk for my child's heirs, executors, assigns and administrators and for all members of my family.

Parent's signature: _____

Date: _____

Student's signature _____

Date: _____

To be also signed by a witness- a 2nd parent or emergency contact adult who knows you and your child and can be contacted in an emergency if you are unavailable.

_____ (Witness Contact telephone number.)



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Form 4 CONSENT FORM FOR EMERGENCY TREATMENT

All of the activities run at Donegal Adventure Centre are run to the highest standards, as set out by each activity's governing body. All instructors are qualified and experienced. Equipment is consistently maintained, checked and upgraded, and all activities are very carefully structured to prevent a serious accident taking place. The Donegal Adventure Centre has full public liability insurance.

HOWEVER-Sometimes, accidents happen. It is impossible to avoid rough-and-tumble falls in the sea, in the fields and areas where children and adults play, climb and are active. Sprains, bumps, cuts & bruises happen: people bump into each other, and the only way to absolutely prevent any risk is not to do the activities at all. Awkward landings in surfing, and climbing and outdoor activities can, very occasionally, result in fractures- wrists and ankles are vulnerable to awkward falls. Our surfboards are made from foam, and rarely cause more than a bruise, but there is a risk of a bump to soft tissue areas that may be more sensitive. Climbing can result in very unpredictable falls, and occasionally, fractures may occur. As in any activity involving sport & children- accidents can and do happen. At no stage can this centre guarantee that there is no risk. We at Donegal Adventure Centre have taken all precautions to make sure that the risk of any kind of accident is minimal- but despite all this, we do not guarantee minor accidents, including fractures. Parents of children attending this centre must accept that this is a normal and possible (although unusual) occurrence. If you are not comfortable with this risk, we ask that you do not send your child to us.

Name of Student: _____

Permanent Home Address: _____

Name of Parent/ Guardian: _____

Home Telephone Number: _____

Work Telephone Number: _____

Emergency Contact (If parent is unavailable):

Name of Contact: _____

Address: _____

Home Telephone Number: _____

Work Telephone Number: _____

Are there special health problems of which we should be aware? (Allergies, medications, etc.) _____

Any specific dietary requests: _____

I give my permission for medical treatment for my daughter/ son if accident/ illness as is necessary during the Adventure Ireland Program. This would include referral to a local hospital, which may result in his/her hospitalisation, anaesthesia and surgery, and I am unable to be reached immediately for consent. I am aware of the risks of injury and accept the risk that injury may occur through no fault of DAC.

I accept that the staff of Adventure Ireland will make their best judgement as circumstances arise.

Date: Signature of Parent/Guardian Relationship



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Form 5 CODE OF CONDUCT FOR STUDENT

I understand that I am subject to Adventure Ireland regulations, program guidelines and the laws of the host country (Republic of Ireland.)

In event of violation of these rules or display of behaviour, which is detrimental to me, other students, or the program, the program chaperons have the right to dismiss me from the program.

By accepting a placement with Adventure Ireland, I agree that:

- 1: Possession or consumption of alcohol is prohibited at all times.
2. Abusive or obscene behaviour will not be tolerated. Bullying, name-calling, or any behaviour that is considered to put the well-being and safety of students or staff at risk is considered by us to be abusive.
3. Possession or use of firearms, dangerous weapons or chemicals is strictly prohibited.
4. Possession, selling or consumption of illegal drugs or narcotics is prohibited.
5. Leaving the campus or centre without permission from chaperon/program staff is prohibited
6. Visitors & relatives may visit students on campus, and written arrangements must be indicated by parents if the student is to spend time with anyone other than Adventure Ireland staff .
- 7,. Walking alone is forbidden except with special permission from a chaperon. I must always be with a group and group leader.
8. Curfews set by supervisors must be strictly observed. At no time will I enter the rooms of other students after bedtime. My clothing will be appropriate at all times, and I will not wear offensive slogans or items considered offensive to others.
- 9:I will not take any video or photography of myself or any other persons without permission of all persons. I understand that I may not take video, photographs or use my phone to distribute or post anything that may be considered an invasion of privacy. General holiday photographs and video of activities are permitted.
10. I agree to the use of photographs or videos by Adventure Ireland of regular activities in which I participate.

11. At no time may I enter any licensed premises (bars, pubs, anywhere serving alcohol) unless I am with an Adventure Ireland supervisor.

Signed: _____

I understand and accept the above conditions:

Signed _____

(STUDENT'S SIGNATURE.)

Witnessed:

(Parent/Guardian signature.) _____



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TRAVEL DETAILS

PLEASE ENCLOSE A COPY OF YOUR TRAVEL PLANS AND INDICATE IF BUS COLLECTIONS ARE REQUIRED.

DIRECTIONS

How to get to Donegal Adventure Centre!

By Car:

FROM DUBLIN/EAST COAST (FASTEST ROUTE)

Take M4/N4 to Sligo (toll road) 2 1/2 hours approx

TAKE N15 from Sligo to Bundoran (25 mins approx) Drive into Bundoran passing Allingham Arms hotel on right hand side. Take next right onto Bay View Avenue (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at top of the hill.

N3 via Cavan (SCENIC ROUTE) (from Dublin, East Coast)

Take N3 Via Cavan into Ballyshannon. Continue straight at Ballyshannon Roundabout (N15) for about 8 km into Bundoran. Drive through the town, past Holyrood Hotel on left of Main Street & over Bridge. Take 2nd left turn after Madden's Ould Bridge Bar onto Bay View Ave. (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at the top of the hill.

M4/ N4 Via Sligo (West Coast)

From Sligo town take signs for Bundoran approx 35 mins. (N15 North) Drive into Bundoran passing Allingham Arms hotel on right hand side. Take next right onto Bay View Avenue (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at top of the hill.

From Northern Ireland/ Belfast

Follow route through Ballygawley- Enniskillen (A4), Enniskillen -Belleek (A46) & Belleek-Ballyshannon (N3). Continue straight at Ballyshannon Roundabout (N15) for about 8 km into Bundoran. Drive through the town, past Holyrood Hotel on left of Main Street & over Bridge. Take 2nd left turn after Madden's Ould Bridge Bar onto Bay View Ave. (Bayview Guesthouse is right on the corner of Main St and Bay View Avenue). We are at the top of the hill.

Public Transport:

From Dublin City Centre:

Bus services: Tale Dublin-Donegal via Cavan service from Busaras & get off at **Ballyshannon**. There is a connecting bus service from Ballyshannon to Bundoran. **(we will collect you in Ballyshannon if you wish.)** For other routes, times & details visit www.buseireann.ie

Train Services: Dublin's Connolly (Train) Station and train from Dublin to Sligo. Then you can either taxi (approx €50 euro) or bus (15 euro www.buseireann.ie) to Bundoran. For times & details visit www.irishrail.ie

Domestic Flights:

You can fly with Aer Arann on to Sligo- the flight takes about 50 minutes and there are two flights daily- see www.aerarann.ie you then have to travel from Strandhill Airport to Bundoran, it's about 40 minutes and probably handiest to book a taxi to pick you up. There is no bus service from Strandhill Airport (Sligo) into Sligo town and you would be advised to have a taxi booked in advance- you can either get the taxi to the bus station in Sligo and bus on up, or do a deal with the taxi driver for Bundoran.



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PAYING FEES-EASTER/SUMMER 2015

To reserve a place, a deposit of 100 EURO must accompany the application forms below.

The balance of fees must be paid before departure. Instalments can be paid if this is preferable.

Credit cards (Visa and MasterCard) are the easiest way to pay fees. We do not accept American Express. Call us with the details and we will process the deposit. We do not recommend that you email credit card details

Direct transfer through your bank:

You can use the following Bank details and pay fees directly through your own bank

PLEASE EMAIL OFFICE@DONEGALADVENTURECENTRE AND INFORM US OF THE DATE AND NAME ON THE BANK TRANSFER

To pay by bank transfer:

BANK NAME: Allied Irish Bank, Ballyshannon, County Donegal, Ireland.

BANK ADDRESS: Ballyshannon, County Donegal, Ireland.

SWIFT CODE or BIC NUMBER IS AIB KIE2D

IBAN NUMBER IS IE73AIBK 9371 8507 0280 38

Your bank will request payment of a transfer fee. Fees differ according to each bank; we suggest you ask in advance to ensure the lowest possible fee. You are responsible for the transfer fee.

TO PAY BY CREDIT CARD

TOTAL FEE DUE: _____

CREDIT CARD

Please enclose credit card details. A deposit of 500 euro will be processed on receipt.

CARD HOLDER _____

CREDIT CARD COMPANY VISA MASTERCARD

CREDIT CARD NUMBER _____

CREDIT CARD SECURITY NUMBER _____

EXPIRY DATE _____

CARD HOLDER ADDRESS _____

Deposits will not be refunded without a genuine reason for cancellation, but we are nice people and will take circumstances into account. A processing fee of 100 euro will ALWAYS be deducted.

PLEASE COMPLETE ALL OF THIS PAPERWORK AND

MAIL TO:

**THE DIRECTOR
ADVENTURE IRELAND
DONEGAL ADVENTURE CENTRE
BAY VIEW AVENUE
BUNDORAN
COUNTY DONEGAL
IRELAND.**

EMAIL TO

info@donegaladventurecentre.net

FAX TO

07198 42429

CONTACT TELEPHONE NUMBER

07198 42418

**All paperwork must be received in advance of student arrival.
Students who do not have all paperwork may be refused a place.**

**Thank you for enrolling in the DAC Surf Camps
Our website is www.donegaladventurecentre.net**