



Donegal Adventure Centre, Bayview Ave., Bundoran, Co. Donegal

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PARENT INFORMATION & APPLICATION FORM

Dear Parent

You child is invited to participate in a group trip to Donegal Adventure Centre.

In order to have correct contact, dietary and health information for each participant, we ask you to complete this paperwork and return it to the trip organiser. All the activities are geared towards the appropriate level of the children. Every child must go out to the activity site (beach, forest, etc.) and all children will be encouraged to try but the activities- but if they don't want to or feel uncomfortable, they can just watch the others.

Non-swimmers can do the surf and kayak activity. We will try and encourage children, to become water-confident. A briefing on the activities will be held on arrival to the centre and children will have the importance of following instructors' advice emphasized. Safety is paramount at all times and if weather conditions are considered unsafe, alternative activities may be arranged. Wetsuit, booties, surfboards etc. are provided. Children can bring stereos, mobiles phones and guitars etc. at their own risk. All personal property should be labelled. We take no responsibility for any property lost or stolen. A safe is provided at reception.

1 CENTRE RULES

Donegal Adventure Centre is strictly drug and alcohol free. Any child under 18yrs found in possession of alcohol or drugs will be brought to the local Garda station and the Garda will pursue the matter. Donegal Adventure Centre is non-smoking and students are not allowed to smoke anywhere on the premises. Any child considered to behaving inappropriately, (as determined by Donegal Adventure Centre staff) **MAY BE ASKED TO LEAVE THE PROGRAMME/TOUR**. Our staff here will work hard to provide a happy and safe environment for each child and there will be no tolerance for unsafe or intimidating behaviour. We reserve the right to return any participant home, without refund and at his /her own expense. This is clearly explained on arrival but please be aware of these conditions.

2 STATEMENT OF DUE WARNING AND ASSUMPTION OF RISK

I voluntarily agree that my child participates in Donegal Adventure Centre Programme.

I have been advised and am aware of the risks of my child participating in such activities. I understand that my child is participating in physical activities, and minor bumps, tumbles & bruises are acceptable consequences of these activities.

I understand that this is a group Programme, and that group standards must be observed. I agree that Donegal Adventure Centre and the Manager Colm MacPháidín shall have the right to terminate my child's enrolment for failure to maintain these standards, for actions or conduct which the programme/course manager considers to be detrimental to or incompatible with the interest, harmony, comfort or welfare of the course and group as a whole. I understand that the programme and/or course manager reserves the right to change assignments and to make alterations in itineraries at any time without prior notice.

3 CONSENT FORM FOR EMERGENCY TREATMENT

Student Name _____

Age _____ Name of Group _____ Teacher / Leader _____

Please indicate any information regards health, diet, medication & general information about your child's ability to do activities.

I give my permission for medical treatment for my daughter/son if accident/illness should such be necessary during the Donegal Adventure Centre Programme. This would include referral to a local hospital, which may result in his/her hospitalization, anaesthesia and surgery, should it be necessary and I am unable to be reached.

I HAVE READ THE ABOVE CONDITIONS AND UNDERSTAND THESE AS STATED ABOVE

Date

Signature of Parent / Guardian

Relationship

Please feel free to contact the centre regarding any matter concerning your child. All student information will be treated with strictest confidence. If you have any worries or concerns we will be happy to discuss with you. You can phone Collie at 07198 42418

Donegal Adventure Centre & Surf School

INSURANCE, QUALIFICATION & SAFETY

Insurance Information

The Donegal Adventure Centre & Surf School is fully insured for all activities. The Donegal Adventure Centre & Surf School is insured for Public Liability and Employers Liability. Further details are available from *O'Leary Insurances Galway, Liosban Business Park, Tuam Road, Galway*. Ph: 091 778677 Fax: 091 778680

Accreditation & Staff Qualification

All activities and sport are run in accordance with the guidelines of the respective governing bodies. The surf school is approved and recommended by the Irish Surf Association. Staff ratios to participants are strictly in accordance with recommended guidelines. Donegal Adventure centre Staff are trained and qualified in their disciplines. All surf staff in the water hold the RLSS Beach Lifeguard or equivalent, Kayakers hold the relevant qualifications from the Irish or British Canoe unions. All staff complete a course in Child Protection each season.

All activities run by the centre have written standard operating procedures and emergency operating procedures. The instructors log all activity lessons. Questionnaires are offered to all clients on departure and are reviewed daily by the staff and management.

Equipment

All equipment is replaced a very regular basis. Equipment is inspected daily. Donegal Adventure Centre has a full stock of summer (3mm) and winter (5mm) wetsuits in child and adult sizes. Recommended safety equipment such as helmets harnesses etc. Are available for every individual and are always used as part of the standard operating procedures.

Accommodation

All beds are supplied with clean linen, pillows & duvets, other facilities include showers. Private and separate accommodation for supervisors/teachers is provided if required. Dietary requirements are attended to including vegetarians, vegans, coeliacs, diabetics etc. There are two meeting rooms and a student lounge with TV, video and DVD. There are full kitchen facilities and breakfast is provided in centre. A variety of choices are available for lunches & evening meals.

Photographs, social media

We love our social media and we find that parents / family members enjoy following the gangs adventures on facebook.com/dacsurf Instagram @dacsurf twitter @dacsurf. But we are also very aware of our responsibilities. You are the parent / guardian - if you do not want your child involved in any of the group / activity photos we will always comply. Where we do we will only post appropriate pictures that comply with child protection standards – appropriately dressed, with permission, the children will not be identified etc.

Our campers / students will be told of our social media policy before the camp begins. They must have permission to post photos of others and any malicious or mean spirited comments about other campers or staff will be dealt with in a professional but serious manner. If they have issues with other campers or staff, they should talk to camp director Collie / their parents or leader. Not post it online.

We have never once had an issue with this but are aware that while social media is a wonderful tool to connect us all, young people don't always have the maturity to recognise the consequences of their actions and need boundaries and guidelines to protect them from themselves and others.

Students who make contact with DAC/Adventure Ireland through Facebook /Twitter/ ETC will be responded to by general manager Collie MacPháidín or senior staff in a responsible, professional manner in a public forum.

WHAT TO BRING

What To Bring.

DAY TRIP

Students should have warm clothes, a sturdy waterproof jacket, a hat, gloves and suitable outdoor shoes. A CHANGE OF CLOTHES IS RECOMMENDED. If children are doing watersports, they will need swimming togs, an old t-shirt, old runners or booties for in the water a towel. They also need at least ONE STURDY PLASTIC BAG for wet or dirty clothing. Please have belongings labelled. Donegal Adventure Centre accepts no responsibility for lost or stolen belongings.

OVERNIGHT TRIPS

As above with plenty of warm socks and sweaters and possibly two / three bags for wet or dirty clothes for longer stays. Linen is provided. Students are welcome to bring musical instruments, radios, mobile phones etc but PLEASE be advised that all items brought are at the student's own risk. We accept no responsibility whatsoever for loss, theft or damage or personal property and we strongly advise that valuable items are either left at home or brought to the DAC reception for safekeeping.